Recipe Formulas

FLOWER BOUQUET



Fillers- 40-50%

The canvas of foliage that is the backdrop of the focals in your bouquet. Use to fill out, bulk up and provide texture. Can be greens/ purples/ whites. Examples: mint, basil, queen anne's lace, ammi, amaranth, bells of Ireland, ninebark, pineapple sage, bupleurum, eucalyptus, snow on the mountain, perennial foliage (look around your yard for fillers and branches like dogwood, weigela or viburnum)



Disks- 20-30%

Round headed flowers that take up space and fill holes in your arrangement. Examples: cosmos (also airy), smaller zinnias, rudbeckia, marigold, ageratum, calendula, strawflower, celosia (cockscomb), yarrow, dianthus, daisies



Spikes-10%

Colorful vertical elements that grab attention and accent the focal blooms. Examples: snapdragon, celosia (plumes), larkspur, stock, millet, salvia, foxglove



Focals- 10%

Large and showy main stage flowers. Don't need many! Sunflowers, large zinnias, tulips, ranunculus, dahlias, large marigolds, peonies



Airy Elements- 10%

Delicate airy ingredients that add whimsy, movement and air to your bouquet. Examples: grasses/grains, globe amaranth, nigella, scabiosa, statice, cosmos, perennial rudbeckia triloba



= 100% a beautiful bouquet!

Arranging styles: balanced; symmetrical; wild & loose. Create interest with bloom height, size and texture. The choice is yours!



- some flowers can fit multiple categories
- these ratios are suggestions but explore your personal style. My bouquets tend to be more light and airy, so the percentage of airy elements will be higher for me.
- play with color themes- try complementary colors; monochromatic; or a rainbow